Basic research

A study of the release of active peptide from semisolid hydrogels measured with Franz diffusion apparatus

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Abstract

Introduction: Recently there has been a growth of interest in novel skin care formulations containing active ingredients, such as low molecular weight peptides. In this paper we present new skincare formulations of hydrogels containing a tetrapeptide (*N*-Pro-Val-Ala-Gly). Low molecular peptides evolved from research into wound healing and studies on growth stimulation of human skin fibroblasts. The main aim of our study was to perform tests of release of the peptide through synthetic membrane and assessment of the rate of release of peptide from hydrogels from different recipes.

Material and methods: The peptide was identified (ion mass, productivity, homogeneity) and the formulations were characterized in terms of physicochemical parameters. Permeation studies were conducted using Franz diffusion cells. The collected samples were subjected to determination by the MALDI-TOF-MS method and the analytical HPLC technique. The *ex vivo* tests allow for testing of active substances outside a living organism while representing the effects of these compounds on the organism.

Results: The results showed that the properties of the formulations strongly determined the release rate of the tetrapeptide. Furthermore, lemon essential oil modified the penetration of the peptide through membranes which we used

Conclusions: The presence of the lemon essential oil in the formulations reduced the time of penetration of the lipophilic peptide.

Key words: low molecular peptides, diffusion test, semisolid hydrogels.

Introduction

Nowadays, low molecular weight peptides are common active components of semisolid formulations. These compounds have recently revolutionized the skincare and pharmaceutical industries and have become one of the major bioactive ingredients in anti-aging cosmetic compositions [1]. Peptides are formed from amino acids which mimic fragments of endogenous peptides that exhibit biological activity [2]. Low molecular peptides evolved from research into wound healing and studies on growth stimulation of human skin fibroblasts. Advanced research on the cellular and

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biochemical processes of aging and wounded skin may generate new strategies to manipulate these processes for therapeutic clinical effect [3, 4].

Peptides can cause different effects on the skin, but one important hurdle to obtaining effects within the skin is difficulty to penetrate the epidermis [5, 6]. Generally, permeation ability depends on different factors: physicochemical properties of the substance (acid dissociation constant (pKa), molecular size, stability, binding affinity, solubility and partition coefficient); the time-scale of permeation; integrity, thickness and components of the skin, cutaneous metabolism; site, area and duration of application; properties of the transdermal device and the creation of a local depot at the site of application [7–9].

Nowadays, the penetration behaviour of all ingredients can be evaluated by *in vitro*, *ex vivo*, and *in vivo* methods. An *ex vivo* diffusion cell system is often used all over the world to evaluate the percutaneous permeation of active or potentially toxic ingredients of cosmetic products. It is known that penetration of active ingredients of cosmetics into skin is usually very difficult. Active ingredients for which this rule is true often have a high molecular mass (> 500 Da) [10, 11]. In this study we used Franz cells as equipment for *ex vivo* skin permeation of peptide studies.

Franz diffusion cells are normally used with excised human or animal skin. However, when biological skin is not readily available, synthetic membranes are employed. Either way, the membranes have two functions: simulation of the skin and quality control [12–14]. Usually, the porous synthetic membranes used (e.g., cellulose acetate) in Franz diffusion cells are 'borrowed' from separation and filtration applications. In the literature, investigators have employed synthetic membranes of a diverse range of materials. The best results are obtained for membranes characterised by high porosity and minimum thickness and are neutral for formulation [15–17].

In the present study, in order to obtain reliable assessment of diffusion of the peptide through the membrane, the experiment was conducted under standard laboratory conditions by the same operator. The release of the peptide was tested in two different semisolid hydrogels on the Franz cell apparatus. We used synthetic membranes of cellulose acetate which were extracted in a mixture of liposomes.

Material and methods

Material

The tetrapeptide with the sequence *N*-Pro-Val-Ala-Gly was synthesized according to the procedure of solid phase peptide synthesis (SPPS). The crude peptide was purified and characterized by the analytical techniques reverse phase high-performance liquid chromatography (RP-HPLC) (Beckman Gold System) and mass spectrometry by matrix assisted laser desorption ionization (MALDI-TOF-MS).

Furthermore, in order to determine the physicochemical properties, we used plates preparative to thin layer chromatography (TLC) in the following chromatographic system: methanol: acetic acid (20:1, v/v). Physicochemical properties of peptide are shown in Table I.

Formulation of hydrogels

The recipe of semisolid hydrogel were prepared as specified in Table II. Two of these formulations contained synthesised peptide. Summary, we obtained four cosmetic formulations. Every time 50 g of hydrogel masks were obtained using the following technique: carbomer was dispersed in water by gently scattering it on the surface of water, allowing it to be moisturized (for at least 10 minutes), then briefly mixed. Phenonip® was added and mixed thoroughly using a mechanical stirrer at low speed for 20 min. The next step was to dissolve the tetrapeptide in water and place it in the hydrogel formulation. Subsequently everything was thoroughly stirred for 10 min. pH was checked and the final stage triethanolamine was added until the pH reached about 6. In case of hydrogels II the lemon essential oil was added together with triethanolamine.

The lemon essential oil was chosen because of the favorable properties of the sorption promoter. But lots of scientific studies confirm the beneficial properties of lemon oil. Among them are exchanged it has properties of refreshing, antiseptic, toning, antipruritic, sealing and bleaching effects. It fights both viruses and bacteria. In addition, it relieves nervous tension and has a firming, soothing and calming effect. It also closes the skin pores and helps the immune system.

The influence of D-limonene, which is the main ingredients lemon oil did not be checked.

Table I. Physicochemical properties of peptide

Sequences of peptide	lon mass [m/z]		Peptide mass	Productivity	TLC [R _f]
	Calculated	Designated	[mg]	[%]	
N-Pro-Val-Ala-Gly	342	343.4 [M+1] 365.3 [M+23]	448	89	0.63

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Table II. Chemical compositions of the formulations

No.	Sample name	Composition [INCI]	Company	Quantity [%wt., ±0.01)
1	Semisolid hydrogel I	Distilled water		98.7
		Carbomer	Lubrizol, S&D Poland	0.60
		Triethanolamine	POCH SA	0.40
		Phenonip	Clariant UK Ltd.	0.30
2	Semisolid hydrogel II	Distilled water		98.65
		Carbomer	Lubrizol, S&D Poland	0.60
		Triethanolamine	POCH SA	0.40
		Phenonip	Clariant UK Ltd.	0.30
		Citrus Medica Limonum	Epoch – Nu Skin	0.05
3	Semisolid hydrogel I + PVAG	Distilled water		98.65
		Carbomer	Lubrizol, S&D Poland	0.60
		Triethanolamine	POCH SA	0.40
		Phenonip	Clariant UK Ltd.	0.30
		PVAG		0.05
4	Semisolid hydrogel II + PVAG	Distilled water		98.60
	, ,	Carbomer	Lubrizol, S&D Poland	0.60
		Triethanolamine	POCH SA	0.40
		Phenonip	Clariant UK Ltd.	0.30
		Citrus Medica Limonum	Epoch – Nu Skin	0.05
		PVAG	·	0.05

D-limonene has is also found in cumin and orange essential oils. It has antioxidant, anti-cancer and antibacterial properties. What's more, it inhibits the activity of the elastase enzyme, thus preventing the degradation of elystin and proteins, which together with collagen are responsible for the firmness and elasticity of the skin. Additionally, D-limonene increases the bioavailability of coenzyme Q10.

Finished products were tightly sealed and stored in the fridge at 5°C.

Rheology of gels

Rheological measurements of gel viscosity were made at 25 ±0.2°C and 36.6 ±0.2°C using a Brookfield RS Portable rotational rheometer in controlled shear rate (CSR), equipped with a plate/ plate measuring system (1 mm gap). All flow curves were registered with a change in shear rate from 0 to 120 s⁻¹ with preliminary rotation with 10 s⁻¹ angular velocity for 0.5 ml filling volume of sample. RHEO3000 and OriginPro 2016 software was used for data collection and data analysis, respectively. The viscosity curves $\eta(\gamma)$ were fitted using power law (Ostwald de Waele) equations, typical of many pseudoplastic gels: $\eta = k \times (\gamma)^{n-1}$, where k is a consistency index, n = flow behaviour index (n < 1 for pseudoplastic materials), $\eta = vis$ cosity, γ = shear rate [18, 19].

Ex vivo release methods

The Franz diffusion chamber used in this study was made from borosilicate glass with a 2 cm diameter hole at the centre, the same size as the

opening in the vertical receptor cell, which is placed on top of the membrane and then filled with the semisolid.

The porous synthetic membrane made from cellulose acetate (0.45 µm pore size, 115 µm thickness) (Whatman) was extracted with a liposome formulation consisting of 10 ml: (INCI): Aqua, Lecithin, D-panthenol, Sorbitol, Trilaureth-4 phosphate, Sodium Carbomer, Ceramide 6, Dipalmitoyl hydroxyproline, Phenoxyethanol, Ethylhexylglycerin. This activity was performed in order to wet pores in the synthetic membrane to reconstruct the natural skin conditions. Liposomes should also facilitate diffusion of the peptide into the acceptor chamber. Liposomes easily overcome the barrier, which for the substance contained in the cosmetics is the skin (in this case, the synthetic membrane). Even a binder, which fills spaces between its cells, does not constitute an obstacle to them. As a result, the substances that they are carried through penetrate the barrier of the stratum corneum at higher concentrations and exhibit much stronger action than the same compounds administered in free form [20].

Other synthetic membranes made of nylon were also used during the tests. These, however, were characterized by much lower permeability and their use was abandoned in the further stage of research.

The membrane with the sample of hydrogel with a selected sequence of peptide N-Pro-Val-Ala-Gly (1 ± 0.01 g) was placed on top of the vertical receptor cell and clamped tightly into place. The receptor cell was filled with the dissolution medium and a small Teflon-coated magnetic stirrer was used for mixing.

Throughout this study, the flow rate was 5 ml/min at a constant temperature of 36.6 \pm 0.5°C. This temperature was chosen in order to reproduce the hand's physiological temperature in normal conditions. The samples (2 ml) were collected in small tubes at 60 min intervals up to 24 h.

The experiment was repeated 5 times and in each case the results were obtained.

Analysis method

All collected fractions of peptide N-Pro-Val-Ala-Gly were tested by reversed-phase high performance liquid chromatography (RP-HPLC) using a Beckman Gold System chromatograph and a 4.6 mm \times 150 mm, 5 μ m particle diameter, 100-Å pore size, Kromasil C8 column. The mobile phases were gradients prepared from 0.1% TFA in acetonitrile (solution A) and 0.1% aqueous TFA (solution B). The gradient was 10–70% A in 20 to 40 min. The flow rate was 1 ml/min. The presence of peptide N-Pro-Val-Ala-Gly was confirmed by the absorption peak at 227 nm.

Determination of the molecular ion of peptide *N*-Pro-Val-Ala-Gly was made by using the analytical method mass spectroscopy of laser desorption ionization in the matrix (MALDI-TOF-MS).

Results and discussion

Active compounds' penetration into the skin is often rather poor. This is especially true for agents of high mass (molecular mass > 500) and high hydrophilicity [21]. Therefore, the form of the cosmetic preparation is also significant. Diverse factors such as size of the dispersed particles, the interfacial tension between the phases, and the rheology of the formulation determine the physical properties of the semisolid dosage form. Moreover, in order to increase the penetration of substances very often the cosmetic recipes use the so-called promoters of penetration. These are compounds that reversibly change the structure of the intracellular matrix of the epidermis by facilitating and sometimes also accelerating the penetration of the substance through the stratum corneum.

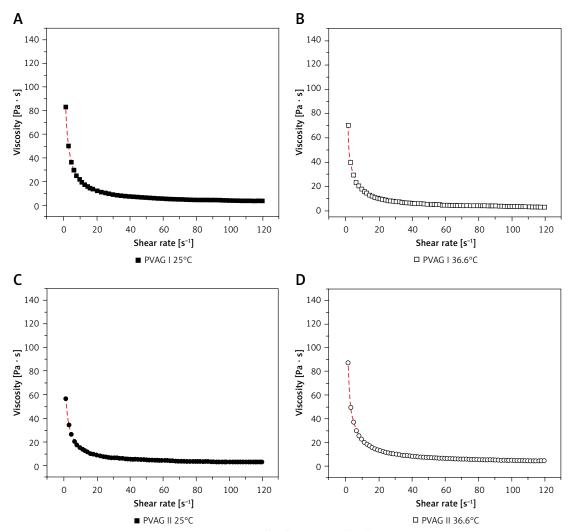


Figure 1. Viscosity curves for semisolid gels at 25°C (A, C) and 36.6°C (B, D). Experimental data are fitted Ostwald de Waele equation

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Table III. Values of the rheological parameters *k* and *n* for semisolid hydrogels

Sample	k [Pa⋅s ⁿ]	N	k [Pa⋅s ⁿ]	N		
	2	25°C		36.6°C		
PVAG I	119.34 ±0.33	0.2549 ±0.0014	99.44 ±0.50	0.2450 ±0.0026		
PVAG II	79.89 ±0.27	0.2801 ±0.0017	124.32 ±0.44	0.2390 ±0.0019		

For all samples n > 1, which means that the test gels are pseudoplastic fluids (thinned shear).

Rheological tests are not only a measurement of the hydrogel stability against shear forces, but they also provide important information about the behaviour of the system during skin application [22]. Primarily the hydrogels obtained were examined for viscosity. This is a very important physicochemical parameter, which depends on ease of spreading on the skin, stability and release of active substances from cosmetics.

Viscosity curves of semisolid hydrogels at 25°C and 36.6°C are presented in Figure 1. Experimental data $\eta(\gamma)$ were fitted using the Ostwald de Waele equation and obtained values of the rheological parameters k and n were collected in Table III. The viscosity of hydrogels decreases, whilst the shear rate increases. This shows that gel samples present non-Newtonian behaviour. The flow index n reaches values n < 1, which means that all measured semisolid hydrogels behave as pseudoplastic, shear-thinning fluids. Consistency indexes have different values for measured samples. The smallest value of the k parameter was fitted for sample of PVAG II (79.89 Pa · sⁿ). In this case, the addition of lemon essential oil acted like a plasticizer and increased the distance between the chains and thus reduced the viscosity of the gel.

Obtained k parameter values are higher (~30 Pa · sⁿ) at 36.6°C for semisolid gels II + PVAG than consistency obtained at 25°C. We believe that at higher temperatures gelling and additional crosslinking occur. For the PVAG I sample the k parameter decreases (~20 Pa · sⁿ) with increasing temperature, which is related to lack of lemon essential oil. The temperature does not influence

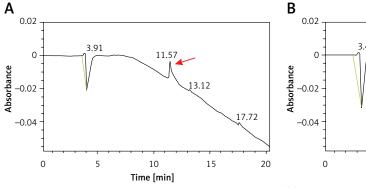
flow indexes, which confirms the rheological stability of the gels during application.

The present study investigated the skin penetration of peptide using prepared "artificial skin" in an *ex vivo* diffusion cell system. We studied the influence of contained compounds in the lemon essential oil on the permeation rate of peptide. The main ingredient in lemon oil is d-limonene monoterpenic hydrocarbon, which accounts for up to 90% of the essential oil. This component exhibits the properties of the penetration promoter, increasing the permeability of the stratum corneum by inducing reversible changes in the skin structure. Ingredients occurring in smaller quantities (2–7%) include β -pyrene, α -pinene, γ -terpinene, neral and geranial. The latter two are responsible for the intense lemon scent of the essential oil [23].

The samples, which were taken from the acceptor diffusion chamber, were analysed by the techniques of MALDI-TOF-MS and HPLC.

The HPLC chromatograms (Figure 2) contain characteristic peaks corresponding to peptide *N*-Pro-Val-Ala-Gly. The retention time was the same as we received during research of crude peptide and during its purification process (11.50 min).

At the second study, we obtained MS spectra of peptide (Figure 3) after penetration through the membrane. Observed peaks corresponded to molecular weight of peptide Pro-Val-Ala-Gly. These peaks are low intensity due to the small amount of the oligopeptide that had penetrated into the solution. Furthermore, due to the low concentration of the peptide in the formulations, the peaks of Pro-Val-Ala-Gly are located on the border of noise matrix of CCA. In addition to the



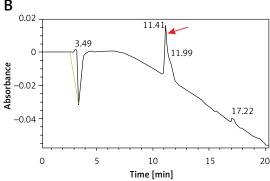
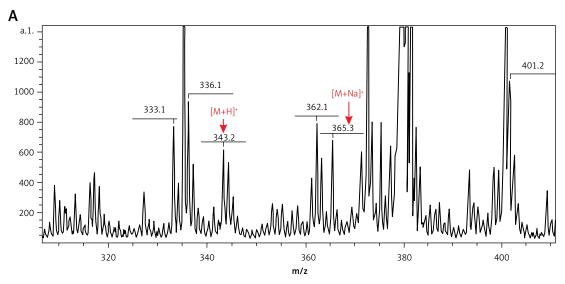


Figure 2. Chromatograph N-Pro-Val-Ala-Gly released from (A) hydrogel I after 24 h, retention time was 11.57 min, (B) hydrogel II after 21 h, retention time was 11.41 min

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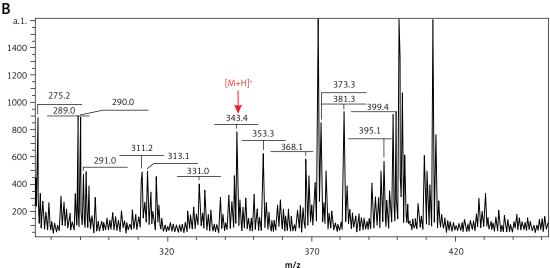


Figure 3. Spectra mass N-Pro-Val-Ala-Gly released from (A) hydrogel I after 24 h, peak m/z = 343.2 belongs to $[M+H]^+$, peak m/z = 365.3 belongs to $[M+Na]^+$ and (B) hydrogel II after 21 h, peak m/z = 343.4 belongs to $[M+H]^+$

peak of the tetrapeptide, there appear peaks demonstrating the penetration of other compounds present in the test sample. The investigated oligopeptide was released faster from the semisolid gel II.

Tetrapeptide *N*-Pro-Val-Ala-Gly is a lipophilic compound, and can interact with lipids. In the case of the release of this peptide from semisolid gel I, the smallest release can be observed. It is connected with the nature of hydrogel I, which contains only hydrophilic ingredients. However, in the case of the release of the peptide from hydrogel II, faster release of peptide can be observed.

The compounds which are contained in essential oils interpose themselves between the hydrophobic lipid chains, creating new spaces suitable for the penetration of active substances. Consequently, a shift of lipid particles is possible, and easier diffusion of applied compounds is observed. The findings of this study provide new in-

formation on *N*-Pro-Val-Ala-Gly penetration. First, there is experimental evidence for *ex vivo* peptide skin permeation. Moreover, there is an appreciable increase in permeation for this peptide in the presence of essential oil.

In conclusion, the penetration of substances is a complex process, which is influenced by many factors. Understanding the process of penetration of the oligopeptides across the stratum corneum, *ex vivo* using diffusion cells, is extremely important in the design of new cosmetics. For the majority of cosmetics the site of action is the skin surface and stratum corneum. Preparation of the liposome membrane layer and rollers of cellulose acetate enabled creation of an artificial construct of skin which allowed the examination of penetration of the selected oligopeptides. The method used and the test conditions permeability compounds using the Franz chamber, characterized by reproducibility and repeatability of results. Applying the release

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of oligopeptides with hydrogel techniques such as HPLC and MALDI-TOF-MS allowed confirmation of the presence of the oligopeptide in the test sample fluid acceptor.

The "model" membrane flesh was sufficiently thin and highly porous for there to occur oligopeptide release of hydrogels. The constructed used skin was chemically inert relative to the examined cosmetic and acceptor fluid. The use of films formed from natural polymers such as cellulose derivatives enables the continual release of oligopeptide hydrogel cosmetics.

The permeability of the peptides through the epidermal barrier depends largely on the peptide sequence but, also in a large extent from the other ingredients of the cosmetic product. Due to the lipophilic and acidic nature of the epidermis, a modification of tetrapeptide was made with palmitic acid (Palm) or an acyl group (Ac). The research confirmed that it was not the modifications, but the sorption promoter used for this peptide, that caused a greater penetration through the skin. In our experiment, the addition of essential oil was reduce the time of penetration of the hydrophobic peptide.

Conflict of interest

The authors declare no conflict of interest.

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